

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 1

Generated on: 12/21/2018 2:52:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/07/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF TACO STICK IW	1 EACH	1	345	52	631	3.85	2.77	328.8	252	6.37	1	20.07	31.87	12.82	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
SALSA CUP	1 CUP	1	29	0	205	5.87	1.06	0.0	293	7.04	3	0.0	5.87	0.0	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			619	57	1051	11.72	4.55	528.8	1315	17.01	43	30.07	89.73	13.82	0.00
% of Calories											27.6%	19.4%	58.0%	20.1%	0.0%
Nutrient Guideline			600-650		1230										

Tue - 01/08/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PIZZA,PEPPERONI,BELLA ROSA	1 EACH	1	340	40	670	3.00	1.80	400.0	750	6.0	4	19.0	31.0	16.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
VERY BERRY JUICE 4 OZ	1/2 CUP	1	60	0	1	0.00	0.00	10.0	0	0.0	15	0.0	15.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			540	45	1011	5.00	2.52	630.0	1800	8.40	43	28.00	73.00	16.00	0.00
% of Calories											31.9%	20.7%	54.1%	26.7%	0.0%
Nutrient Guideline			600-650		1230										

Wed - 01/09/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FIESTA CHILI LIME DIPPERS	1 EACH	1	150	5	280	7.00	1.80	80.0	500	0.0	2	6.0	20.0	5.0	0.00
TORTILLA CHIPS (NEW)	1 EACH	1	280	0	300	3.00	1.00	2.9	4	0.0	1	3.0	31.0	16.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 2

Generated on: 12/21/2018 2:52:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			611	10	849	13.16	3.74	310.1	13131	3.40	35	17.78	88.97	21.11	0.00
% of Calories											22.9%	11.6%	58.2%	31.1%	0.0%
Nutrient Guideline			600-650		1230										

Thu - 01/10/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TACO NADA, TURKEY	5 oz	1	309	30	419	4.99	3.59	79.9	200	1.2	1	17.97	39.93	9.98	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CUCUMBER COINS 2.58 OZ	1 EACH	1	12	0	2	1.00	0.00	40.1	3507	1.8	1	1.0	2.0	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLESAUCE ,UNSWEETENED	1/4 CUP	1	24	0	0	0.60	0.00	4.6	23	0.28	6	0.0	6.51	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			585	45	871	6.60	3.59	324.6	4480	3.28	32	26.97	73.44	21.98	0.00
% of Calories											21.6%	18.4%	50.2%	33.8%	0.0%
Nutrient Guideline			600-650		1230										

Fri - 01/11/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
FLAQUITO; CHILE AND CHEES	1 EACH	1	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	0.00
E IW															
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORN: canned, yellow	1/2 CUP	1	65	0	15	2.00	0.72	0.0	20	3.6	3	2.0	15.0	1.0	0.00
ORANGE SMILES	2 oz	1	130	0	2	6.01	0.36	100.2	701	158.69	22	2.0	34.06	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			653	36	600	11.01	7.08	874.2	1861	165.09	47	31.00	103.06	11.50	0.00
% of Calories											28.8%	19.0%	63.1%	15.8%	0.0%
Nutrient Guideline			600-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 3

Generated on: 12/21/2018 2:52:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/14/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GALAXY PIZZA (IW)	1 EACH	1	290	30	520	3.00	2.70	250.0	300	0.0	9	16.0	29.0	12.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS BABY CHILI LIME	1 EACH	1	25	0	200	2.00	0.36	20.0	4500	4.8	4	1.0	6.0	0.0	0.00
PEARS: canned,light syrup	1/2 cup	1	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			490	35	925	6.83	3.06	470.0	5605	4.80	46	25.00	72.63	12.00	0.00
% of Calories											37.5%	20.4%	59.3%	22.0%	0.0%
Nutrient Guideline			600-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/15/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORNDOG TRKY, WG	1 EACH	1	240	15	670	4.00	1.80	60.0	55	15.0	11	11.0	33.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			621	30	1521	6.47	2.56	287.2	12564	17.21	59	19.54	91.24	19.11	0.00
% of Calories											38.1%	12.6%	58.8%	27.7%	0.0%
Nutrient Guideline			600-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 4

Generated on: 12/21/2018 2:52:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/16/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEEF TACO STICK IW	1 EACH	1	345	52	631	3.85	2.77	328.8	252	6.37	1	20.07	31.87	12.82	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CELERY STICKS (2OZ)	2 OZ	1	9	0	45	0.91	0.11	22.7	255	1.76	1	0.39	1.68	0.1	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
RED APPLE	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			725	67	1461	9.76	3.24	571.5	1387	20.13	49	28.46	92.79	24.92	0.00
% of Calories											27.0%	15.7%	51.2%	30.9%	0.0%
Nutrient Guideline			600-650		1230										

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/17/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WOW BUTTER EZ JAMMERS	2.4 OZ	1	1368	0	1056	19.20	12.96	360.0	0	0.0	50	45.6	132.0	76.8	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	2 oz	1	20	0	44	1.64	0.50	18.1	7819	1.47	3	0.36	4.67	0.07	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			1691	15	1555	22.24	13.82	578.1	8867	3.86	90	54.43	177.59	88.87	0.00
% of Calories											21.3%	12.9%	42.0%	47.3%	0.0%
Nutrient Guideline			600-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 5

Generated on: 12/21/2018 2:52:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/18/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
SANDWICH/TURKEY & CHEESE	4.7 oz	1	270	50	880	3.00	2.70	200.0	100	0.0	2	24.0	25.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BROCCOLI BUDS	1/2 CUP	1	16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
PLUMS,FRESH	1 EACH	1	30	0	0	0.80	0.14	4.0	220	6.24	6	0.4	7.6	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			556	65	1340	5.06	3.07	422.9	1227	43.95	32	33.66	60.43	19.00	0.00
% of Calories											23.3%	24.2%	43.5%	30.7%	0.0%
Nutrient Guideline			600-650		1230										

Tue - 01/22/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE & CHILE QUESADILLA I	1 EACH	1	291	40	364	4.23	1.80	300.0	300	2.4	1	15.39	28.21	13.75	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLESAUCE ,UNSWEETENED	1/4 CUP	1	24	0	0	0.60	0.00	4.6	23	0.28	6	0.0	6.51	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			704	70	1016	7.30	2.56	831.9	13551	4.89	50	33.93	82.72	28.36	0.00
% of Calories											28.6%	19.3%	47.0%	36.2%	0.0%
Nutrient Guideline			600-650		1230										

Wed - 01/23/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PIZZA,PEPPERONI,BELLA ROSA	1 EACH	1	340	40	670	3.00	1.80	400.0	750	6.0	4	19.0	31.0	16.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			631	60	1147	5.70	2.70	920.0	2699	9.59	50	38.23	81.96	18.50	0.00
% of Calories											32.0%	24.2%	51.9%	26.4%	0.0%
Nutrient Guideline			600-650		1230										

Thu - 01/24/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GRILLED CHEESE/ WHOLE GRAI	1 EA	1	282	32	651	2.25	1.22	464.3	520	0.0	7	18.41	30.32	10.08	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BROCCOLI BUDS	1/2 CUP	1	16	0	10	1.26	0.23	18.9	157	37.71	0	1.26	2.83	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
APPLE JUICE 4 OZ	1/2 CUP	1	60	0	0	0.00	0.00	0.0	0	0.0	14	0.0	14.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			718	62	1246	3.51	1.45	983.1	2177	37.71	61	37.66	88.15	24.58	0.00
% of Calories											33.9%	21.0%	49.1%	30.8%	0.0%
Nutrient Guideline			600-650		1230										

Fri - 01/25/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CORNDOG TRKY, WG	1 EACH	1	240	15	670	4.00	1.80	60.0	55	15.0	11	11.0	33.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
SWEET BBQ BEANS	1/2 CUP	1	123	0	482	5.74	1.73	60.3	101	0.12	5	6.73	24.1	0.01	0.00
RAISELS-FRUIT SPLASH	1 EACH	1	140	0	0	1.00	0.72	20.0	0	60.0	27	1.0	34.0	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	1	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	1	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			794	35	1822	10.74	4.25	640.3	1686	75.12	87	36.73	142.34	9.51	0.00
% of Calories											43.8%	18.5%	71.7%	10.8%	0.0%
Nutrient Guideline			600-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 7

Generated on: 12/21/2018 2:52:30 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/28/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHILI CHEESE DOG IW	1 EACH	1	298	30	628	3.00	2.35	197.1	577	0.3	4	16.86	32.53	11.04	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
PEARS: canned,light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			466	35	971	5.92	3.07	417.1	1654	2.70	34	25.86	66.85	11.04	0.00
% of Calories											29.0%	22.2%	57.4%	21.3%	0.0%
Nutrient Guideline			600-650		1230										

Tue - 01/29/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESE STUFFED STICKS	2 EACH	1	300	25	490	3.00	1.80	400.0	200	0.0	4	20.0	30.0	11.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CELERY STICKS, 2.29 OZ	1 EACH	1	11	0	57	1.53	0.14	30.6	306	1.83	2	0.76	2.29	0.0	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
PINEAPPLE CHUNKS; CUPS	1 EA	1	30	0	0	1.00	0.00	0.0	0	30.0	6	0.0	8.0	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			581	40	997	5.53	1.94	630.6	1256	31.83	36	28.76	65.29	23.00	0.00
% of Calories											24.4%	19.8%	44.9%	35.6%	0.0%
Nutrient Guideline			600-650		1230										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 8

Generated on: 12/21/2018 2:52:30 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/30/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CHEESEBURGER SLIDERS	1 EA	1	274	34	518	2.30	3.02	103.7	86	9.81	2	18.14	28.18	10.22	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CARROTS,BABY,RAW	3 oz	1	30	0	66	2.47	0.76	27.2	11728	2.21	4	0.54	7.01	0.11	0.00
RANCH,BUTTERMILK PACKET	1 EACH	1	120	10	250	0.00	0.00	0.0	0	0.0	2	0.0	2.0	12.0	0.00
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	1	31	0	2	0.70	0.18	0.0	149	1.19	6	0.23	7.96	0.0	0.00
KETCHUP: individual	1 EACH	1	10	0	80	0.00	0.00	0.0	5	0.0	1	0.0	2.0	0.0	0.00
MAYONNAISE:individual PC	1 EA	1	70	5	45	0.00	0.00	0.0	0	0.0	0	0.0	0.0	7.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			655	54	1161	5.46	3.96	330.9	12718	13.21	38	26.92	70.14	29.33	0.00
% of Calories											23.0%	16.4%	42.8%	40.3%	0.0%
Nutrient Guideline			600-650		1230										

Thu - 01/31/2019															
SUPPER	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BEAN & CHEESE BURRITO	1 EA	1	397	16	447	9.00	1.57	312.0	216	1.4	1	18.5	56.0	11.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
GREEN BEANS: canned	1/2 cup	1	20	0	140	2.00	0.72	20.0	300	2.4	2	1.0	4.0	0.0	0.00
PEARS: canned,light syrup	1/4 cup	1	27	0	2	0.91	0.00	0.0	27	0.0	5	0.0	7.32	0.0	0.00
KETCHUP: individual	2 EACH	1	20	0	160	0.00	0.00	0.0	10	0.0	2	0.0	4.0	0.0	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BARBEQUE SAUCE	2 EACH	0	31	0	175	0.00	0.00	0.0	21	0.0	4	0.0	8.24	0.0	0.00
MILK, 1% ROCKVIEW	carton	0	120	15	135	0.00	0.00	300.0	750	0.0	16	10.0	16.0	2.5	0.00
MILK, NONFAT CHOC ROCKVIEW	carton	1	120	5	200	0.00	0.00	200.0	750	0.0	22	8.0	23.0	0.0	0.00
Weighted Daily Average			584	21	949	11.91	2.29	532.0	1303	3.80	32	27.50	94.31	11.00	0.00
% of Calories											22.0%	18.8%	64.6%	16.9%	0.0%
Nutrient Guideline			600-650		1230										

Weighted Average			679	43	1139	8.55	3.86	571.3	4960	25.89	48	30.58	89.70	22.42	0.00
											63.6%	18.0%	52.8%	29.7%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Adelanto Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

SUPPER

Portion Values - Detailed

Page 9

Generated on: 12/21/2018 2:52:30 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	679		600 - 650		104%				29								Correction Required - Calories too High
Cholesterol (mg)	43																
Sodium (mg)	1139		1230														
Fiber (g)	8.55																
Iron (mg)	3.86																
Calcium (mg)	571.3																
Vitamin A (IU)	4960																
Sugars (g)	48	28.26%															
Vitamin C (mg)	25.89																
Protein (g)	30.58	18.01%															
Carbohydrate (g)	89.70	52.83%															
Total Fat (g)	22.42	29.72%															
Trans Fat ¹ (g)	0.00	0.00%															

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.